

CPAC

Dance Co. Schedule

Day

AM

PM

YOGA

DANCE

T

5:30 HipHop 5+
6:30 Adult Tap
7:30 Adult HipHop

W

Th

9:30 Yoga Fundamentals

Sat

9:00 Vinyasa Flow II

Sun

9:00 Vinyasa Flow I/II

10:30 Lyrical 5+
11:30 Teen Jazz
12:30 Contemporary 15+

Classes are 75 Minutes
Sat 9am - 90 Minutes

Classes are 60 Minutes
Private Lessons Available
JessicaG@cpacweb.com

