

CPAC

COLLEGE PARK ATHLETIC CLUB

CPAC 2025-2026 Season Tournament Guideline

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Our goal is to provide parents with more information regarding tournament play, and which tournaments they should look for at different stages of development. Please keep in mind that every individual player has different needs and different circumstances, so this is just a general guideline. For specific questions or personal customization of tournament schedule please contact us personally by email maorz@cpacweb.com and pattyl@cpacweb.com. Personal private coach who knows your game will also be able to provide you with guidance. Same goes to lead pros who observe your players in group or match play.

In addition to guidance on tournaments CPAC has a goal to send more coaches to tournaments this year to provide coaching support in real time for our players and parents. Having coaches at tournaments , giving tactical and mental advice, will make a big difference in the players' game. Also, it will provide feedback to personal coaches and directors of the programs. Our goal is to improve in every aspect, take our players to new heights, and help them achieve their goals.

Tournaments we plan to offer coaching at:

- Midwest Closed
- Chicago District Championship
- Memorial Day Dominant Duo
- Labor Day Dominant Duo
- Elevated Nationals
- TBA

Overriding Themes ([Please Read Carefully](#)).

1. Play schedule conducive to development and your child personality.
2. Winning % between 60-70% / win-loss ratio 2 or 3 to 1
3. Your schedule should provide balance of pressures to achieve proper win/loss ratio mentioned above:
 - A. 1/3 playing tournaments that the player is one of the top seeds and could win the tournament
 - B. 1/3 playing tournaments that player could have a good week and get to quarters or further
 - C. 1/3 playing tournaments that player could win a round or two (i.e higher level tournament)

***** IT IS A SKILL TO LEARN TO WIN*****

4. We recommend you participate in the next age division at least six months before you age out. You can usually look for Level 7 tournaments when you start playing up. This will allow you to get into Level 6 tournaments later in the year.
5. Please visit and USTA / Tournaments for more information. Scan the QR code below:



6. We strongly recommend participating in team and dominant duo events, as these formats are engaging and typically offer increased point opportunities. Elevated levels during holiday weekends such as Labor Day and Memorial Day often feature level 3 or 4 dominant duos formats, which can result in more matches and higher point accumulation.

Guide for CPAC Programs

1. Boys/Girls Green Ball Academy (ages 8-10)

Approximately 10-12 tournaments/match play events a year

Follow your coach and program director's advice when determining readiness to play tournaments. Starting tournaments too early without good structure and fundamentals can hinder progress and damage can last years.

- Match Count: 20-30 matches.
 - Winning 60-70% of matches (balance of pressures)
 - CPAC match play events please contact jeane@cpacweb.com
 - **10 and under local events usually one day tournaments-** these are always one day tournaments lasting a few hours and in the 10 and under they are called Junior Circuits and labeled that way when the parent is searching
 - **12 and under local level 7 and level 6-** they must be yellow ball approved and have earned 1500 points in Green Ball Jr Circuits in order to sign up for a BG12
 - **Little Mo's regionals and nationals** (please ask details from maorz@cpacweb.com)
 - **Chicago District Green Ball Championship in July**
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2. TT Academy/Elite (ages 10-12)

Approximately 12-15 tournaments/match play events a year.

Follow personal coach advice or lead pros on readiness of starting tournaments its also highly recommended consult with program director.

- Match Count: 30-40 matches
 - Winning 60-70% of matches (balance of pressures)
 - CPAC match play events
 - Little Mo's if you have high aspirations
 - 12 and under level 7,6 and 5
 - If ranking allows level 4s and 3s
 - Chicago District Championship in June
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3. TAP Elite ages 11-14

Approximately 16-18 tournaments/events a year

- Match Count: 50-60 matches
 - Winning 60-70% of matches (balance of pressures)
 - CPAC Match Play Program
 - 12 and under level ,3 and 4
 - If 12 u ranking allows level 4s and 3s 2s and 1s
 - 14 and under level 6 5 and 4 if ranking allows
 - All Tap Elite Players should play in the Chicago District Championships beginning of June
 - Look to play Midwest Closed in June in your age division
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4. Performance and High Performance

Approximately 18-20 tournaments/events a year

Please schedule a meeting with Patty and Maor if you need help creating a tournament schedule.

- Match Count 70-80 matches
- Winning 60-70% of matches (balance of pressures)
- Full schedule of elevated national (NJTS) and Midwest events Level 5 and above
- **Focus on playing NJTS events in L1, L2, L3 way more in order to be seen by Division 1 Coaches**
- Chicago District Championship in June
- If your goal is to play D2 or D3 you should aim to be seeded at the Midwest Closed (End of June)
- Goal is to play national level 1s at your age division
- 15 or older with goals of playing Division 1 need to have the goal of playing national level 1s and consider playing ITF international events
- 16-18 years old with the goal of playing top D1 should also consider playing futures and UTR prize Money tournaments like Battle of Boca or PTTs
- PTT matches are aired on Amazon Prime
- ITA tournaments (college tournaments)

For more resources, scan the QR code below:

USTA RESOURCES FOR PLAYERS



IMPORTANT LINKS FOR 2026 TOURNAMENTS:

2026 MIDWEST ELEVATED EVENTS SCHEDULE - LEVELS 3,4,5



2026 NATIONAL JUNIOR TENNIS SCHEDULE (NJTS) IN LEVELS 1, 2, 3



5. Regular TT (TT1, TT2)

Consult with pros and program directors before starting tournaments

- Aim to play a tournament or match play event at least once a month
 - CPAC Match Play Program
 - USTA level 7s and level 6s
 - Look for doubles and joining club events
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6. Regular TAP ages 11-14

- Aim to play an event twice a month, tournament or CPAC match play
- Match count Play Program
- USTA Level 7, Level 6 at your age division
- If ranking allows level 5s 6 and 7 at the next age division
- Inter Club Doubles events